



39TH ANNUAL WAAODA

SPRING CONFERENCE

May 9, 10, and 11, 2005 • Sheraton Madison Hotel • Madison, Wisconsin



Jim Doyle, Governor
State of Wisconsin, Madison, WI
"AODA in Wisconsin: What We Need Now"
(Scheduled)



Helene Nelson, Secretary
Department of Health and Family Services,
Madison, WI
"AODA and Healthiest Wisconsin 2010"



Tim Condon, PhD
National Institute on Drug Abuse, Bethesda, MD
"Brain Chemistry, Neuroimaging and Addiction"



Stacia Murphy
National Council on Alcoholism and
Drug Dependence, New York, NY
"Advocacy: Changing the Lens for Success"



Ashok Bedi, MD
Aurora Psychiatric Hospital, Wauwatosa, WI
"Spiritual Dimension of Addiction and Recovery"



Stephanie Covington, PhD, LCSW
Institute for Relational Development and Center
for Gender and Justice, La Jolla, CA
"Helping Women Recover: Substance Abuse,
Trauma and Mental Health"



Joyce Allen, Director
Bureau of Mental Health and Substance Abuse
Services, Madison, WI
"Update on Bureau Integration of Mental Health
and Substance Abuse Services"



Lonnetta Albright
Great Lakes Addiction Technology Transfer
Center, Chicago, IL
"Building Collaborative Systems in a
Changing World"



William Vega, PhD
Robert Wood Johnson Medical School, Piscataway, NJ
"Population Transformation and Substance Use
Disorders among Latinos: New Thinking about
Theoretical, Genetic and Environmental Factors"



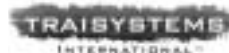
G. Alan Marlatt, PhD
University of Washington, Seattle, WA
"College Drinking: New Approaches to Prevention
and Intervention"

Conference Supporters and Scholarship Benefactors:



Wisconsin Bureau of
Mental Health and
Substance Abuse Services

Minority Counselor
Training Institute



Forrest
Pharmaceuticals



CENTRO HISPANO OF DANE COUNTY

Aurora Behavioral Health Services



Allen Cavaola, PhD
Monmouth University, West Long Branch, NJ
"Assessing and Treating the OWI Offender"



Kenneth Minkoff, MD
Harvard Medical School, Boston, MA
"Integrated Model for Treatment of
Individuals with Co-Occurring Psychiatric
and Substance Disorders"

Conference at a Glance

Monday, May 9

7:30 a.m. Registration and Coffee
8:00 a.m.–8:00 p.m. Exhibits Open
9:00 a.m.–12:00 p.m. Welcome and Plenary Session

- “AODA in Wisconsin: What We Need Now”
- “Systems without Boundaries: Partnering for Success”
- “Building Collaborative Systems in a Changing World”
- “Brain Chemistry, Neuroimaging and Addiction”
- “Substance Abuse and Mental Health”
- “Spiritual Dimension of Addiction and Recovery”

12:00–1:00 p.m. Box Lunch Provided
1:00–4:00 p.m. Workshops
2:00–4:00 p.m. Narcotics Anonymous
4:30–6:00 p.m. Dinner on Own
6:30–8:30 p.m. Workshops
8:30 p.m. Recovery Support Meeting

Tuesday, May 10

8:00 a.m. Registration and Breakfast
8:00–8:45 a.m. Legislative Breakfast
8:00 a.m.–8:00 p.m. Exhibits Open
9:00 a.m.–12:00 p.m. Workshops
9:00 a.m.–5:00 p.m. The Management Institute
12:00–1:45 p.m. Advocacy Awards Luncheon
• Keynote: “Advocacy: Changing the Lens for Success”
2:00–5:00 p.m. Workshops
5:00–6:00 p.m. Minority AODA Counselor Alumni Meeting
5:00–6:30 p.m. Dinner on Own
6:30–8:30 p.m. Third Annual Diversity Evening
• “Healing Songs, Spirit-Filled Stories”
8:30 p.m. Recovery Support Meeting

Wednesday, May 11

8:00 a.m. Registration and Breakfast
8:00–8:45 a.m. WAAODA Association Meeting
8:00 a.m.–4:00 p.m. Exhibits Open
9:00 a.m.–12:00 p.m. Plenary Session
• “Women, AODA and Healthiest Wisconsin 2010”
• “Implementing the AODA Agenda for Women”
• “Helping Women Recover: Substance Abuse, Trauma and Mental Health”
12:00–1:00 p.m. Box Lunch Provided
1:00–4:00 p.m. Workshops

CONFERENCE GOALS

- Adapting the most appropriate learning from other healthcare disciplines and systems
- Building effective AODA partnerships at multiple levels—personal, conference-oriented, inter-professional and between healthcare systems
- Providing expert overviews of recent addiction research
- Demonstrating methods to apply research to practice
- Enabling stronger networks for AODA recovery
- Reinforcing support systems for long-term recovery
- Fostering spirituality in treatment for youth and adults
- Exploring treatment modalities of lifestyle, art, diet and exercise
- Continuing professional education

WHO SHOULD ATTEND?

- AODA counselors
- Psychiatrists
- Social workers
- Insurance professionals
- Public health officials
- Correctional facilities staff
- Mental health professionals
- Primary care physicians and nurses
- Recovery advocates
- Education professionals
- Probation officers
- Elected officials

STATEMENT OF NEED

The Conference Planning Committee has determined the need for a Conference to address the psychological, social, medical, cultural and biological aspects of addiction and recovery. This 39th annual WAAODA Conference acknowledges the need for addiction and healthcare professionals to stay current with research and proven methodologies. The complex nature of this illness dictates that all potential treatment avenues be explored and utilized, including psychopharmacology, psychiatry and addiction medicine.

CONFERENCE PLANNING COMMITTEE

Michael Waupoose (Co-Chair), Janet Duberry (Co-Chair), Dino Arestegui, Julius Coates, Susan Endres, Mike Florek, Dr. Michael Miller, Dr. Michael Bohn, Larry Lenz, Theresa Thomas-Crawford, Michael Kemp, Karen Kinsey, Yvonne Nair-Gill, Jim Sarnosky, Ginny Stoffel

Special Conference Features

Advocacy Awards

Tuesday's luncheon includes an awards ceremony to honor outstanding individuals in Wisconsin who are furthering public and professional understanding of addiction and recovery. To nominate a volunteer, professional, citizen or specific program, submit the name and description of the significant contribution to the WAAODA office by April 9.

Scholarships

A limited number of scholarships are available in the amount of the Conference registration fee for those who meet the criteria. The scholarships have been provided by the Wisconsin Association on Alcohol and Other Drug Abuse. Please visit the website www.waaoda.org for an application or contact the WAAODA office (tel. 1.800.787.9979 or e-mail waaoda@tds.net). The deadline is April 2, with successful applicants informed by April 16.

Exhibits

Between workshops, participants have time to visit exhibits of organizations and vendors in the AODA field or allied to the field. A limited number of exhibit spaces are available on a first-come, first served basis. Contact the WAAODA office for details.

Accreditation Statement

This activity has been planned and implemented in accordance with the essential areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint sponsorship of the University of Wisconsin Medical School and the Wisconsin Association on Alcohol and Other Drug Abuse,

Inc. The University of Wisconsin Medical School is accredited by the ACCME to provide continuing medical education for physicians. Faculty disclosure information will be made available during the educational activity. One or more presentations in the CME activity may contain references to unlabeled or unapproved uses of drugs or devices. It is the policy of the University of Wisconsin that the faculty and sponsors disclose real or apparent conflict of interest relating to the topics of this educational activity.

UW Continuing Medical Education

Please note, only workshops designated CME/CEU may be used for continuing medical education credits through the University of Wisconsin, Continuing Medical Education.

- Credit Designation Statement (CME): The University of Wisconsin Medical School designates this educational activity for a maximum of 22 category I credits toward that AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.
- Continuing Education Units (CEU): This program is accredited by the University of Wisconsin, Continuing Medical Education, for up to 2.2 CEUs (22 hours). This is credit for nurses, social workers and other allied health professionals. Note: Additional processing fee required (see Registration Form).

WCB Certification Credit

Up to 24.5 hours of certification credits are available through the Wisconsin Certification Board.

Monday, May 9: 9:00 a.m.–12:00 p.m.

Plenary Session:

“AODA in Wisconsin: What We Need Now”
Jim Doyle, Governor (State of Wisconsin, Madison, WI)

“Systems without Boundaries: Partnering for Success”
Moderator: Dr. Michael Miller, MD, FASAM, FAPA (Meriter NewStart, Madison, WI)

The opening plenary session explores the need for the AODA discipline to excel in the adaptation of learning from other health-care disciplines. Plenary presenters bring diverse expertise to the challenge of optimizing partnerships and systems for better outcomes in AODA prevention, treatment and recovery. **CME/CEU**

“Building Collaborative Systems in a Changing World”
Lionetta Albright (Great Lakes Addiction Technology Transfer Center, Chicago, IL)

How can inter-disciplinary partnerships succeed when the AODA field and others are changing so rapidly? To meet the demands of change, the most effective tool is true collaboration. Applying strategic approaches, AODA professionals can acquire skills for effective collaboration, including: Understanding potential partners and their concepts of time, positive risk-taking, readiness for opportunity, building shared vision, and balancing process and precision under pressure. **CME/CEU**

“Brain Chemistry, Neuroimaging and Addiction”
Tim Condon, PhD (National Institute on Drug Abuse, Bethesda, MD)
Science partners of the AODA field in neurochemistry and neurobiology are building on advances in neuroimaging—the capacity to “see” inside the brain and identify certain regions with specific effects of substance abuse and addiction. The result is new insight into the root causes of chemical dependence and new possibilities for prediction, prevention, intervention and treatment. **CME/CEU**

“Substance Abuse and Mental Health”
Rokelle Lerner, MA, BS, CDDP (Rokelle Lerner & Associates, Saint Paul, MN)
Clients with co-occurring disorders involving substance abuse and mental health problems can find themselves trapped in separate silos of different treatment modalities. Using certain effective strategies, counselors can break down unnecessarily isolating or self-limiting boundaries between the mental health and AODA disciplines for the benefit of clients. **CME/CEU**

“Spiritual Dimension of Addiction and Recovery”
Ashok Bedi, MD (Aurora Psychiatric Hospital, Wauwatosa, WI)
Dr. Bedi presents a spiritual rendering of the twelve-step program that can inspire treatment across systems that intersect the AODA field. A psychiatric and Jungian psychoanalytical perspective informs his approach, which is clinically relevant and empirically viable to lead from addiction to recovery, healing and wholeness.

Monday, May 9: 1:00–4:00 p.m.

Workshops:

1. “The Supervisor’s Role in Evidence-Supported Practices”
Joe Rosenfeld, PsyD, CRADC (Great Lakes Addiction Technology Transfer Center, Chicago, IL)
The clinical supervisor’s roles include: Staff and student development; training; administrative functions; and screening, consideration, and appropriate adoption of evidence-supported AODA interventions. This workshop examines evidence-supported practices, the supervisor’s role in the screening and adoption of these practices, and how the supervisor can enhance their adoption within the organization. **CME/CEU**

2. “Focus on Methamphetamine”
Tim Condon, PhD (National Institute on Drug Abuse, Bethesda, MD)
Some 6–7% of high school seniors abuse methamphetamine. “Meth” is one of the most toxic illegal drugs and its illicit use is growing in Wisconsin. Continued use causes severe, irreversible neurological damage, resulting in symptoms like Parkinson’s disease. Dr. Condon offers a national perspective on meth abuse and addiction research, prevention and treatment, then applies key findings to the Wisconsin situation. **CME/CEU**
3. “Motivational Interviewing—Beginning”
B.J. Larus, PhD (University of Wisconsin-Milwaukee, Milwaukee, WI)
This introductory workshop opens with a review of the basic principles and assumptions of motivational interviewing and how MI can be used in conjunction with traditional counseling approaches. Basic MI skills are presented and demonstrated, and participants have the opportunity to practice these skills. **CME/CEU**
4. “Who’s at Risk? Suicide and Violence Risk Assessment in Mental Health and Substance Abuse”
Michael Bohn, MD (Aurora Psychiatric Hospital, Wauwatosa, WI)
Suicide and violence are among the most common causes of premature death for persons with substance use disorders. This workshop is designed to improve expertise in clinical management of such potentially dangerous individuals. Topics include: Eliciting information for violence and suicide risk assessment; empirical predictors such as algorithms for severe violence risk quantifications; appropriate interventions; and proper documentation of risk assessments and interventions. **CME/CEU**
5. “Neurobiology of Addiction”
Lance Longo, MD (Aurora Sinai Samaritan Medical Center, Milwaukee, WI)
To understand addiction as a brain disease involves looking at neurocircuitry, genetic influences, and neurobehavioral models. This approach can help AODA professionals learn—and explain to patients—how drug use begins as an act of free choice, but can become addiction. Understanding addiction as a chronic disease reduces its stigma, so afflicted individuals are more apt to seek and get help. **CME/CEU**
6. “Population Transformation and Substance Use Disorders among Latinos: New Thinking about Theoretical, Genetic and Environmental Factors”
William Vega, PhD (Robert Wood Johnson Medical School, Piscataway, NJ)
Latinos are Wisconsin’s fastest growing minority group, representing 25% of the state’s minority population, with AODA comparable to other groups. However, their access to treatment is very low, compromised by poor cultural sensitivity among treatment providers and few culturally competent AODA counselors. Dr. Vega presents new thinking about theoretical, genetic and environmental factors affecting substance use disorders among Latinos. **CME/CEU**
7. “A Whole New Puzzle: An Integrated Response to the Challenge of Diversity”
Lionetta Albright (Great Lakes Addiction Technology Transfer Center, Chicago, IL)
Most treatment professionals and AODA service systems seek to address diversity in patients, co-workers and others. Yet the reality of diversity in an organization creates a whole new puzzle, one in which our old puzzle pieces may not fit. For a proper fit, an organization must integrate respect for diversity into all planning, operations and individual and organizational efforts. **CME/CEU**
8. “The Missing Link in Addictions Treatment: Boundaries, Relationships and Spirituality”
Rokelle Lerner, MA, BS, CDDP (Rokelle Lerner & Associates, Saint Paul, MN)
Chemical dependency has a profound effect on relationships of every kind. Disturbance in functioning, even after treatment, often exacerbates violence, propels marital breakup and encourages relapse. This workshop addresses the healing of attachment patterns and boundaries in the context of personal and professional relationships, focusing on specific techniques that allow individuals in recovery to develop an internal sense of value and self-control.

9. "Double Trouble—Young People with Co-Occurring Disorders: Using Empathy and Creating a Connection" *Stephen Andrew, MSW, LADC, CGP (InnerEdge, Portland, ME)*
Young people with co-occurring disorders are a different and challenging treatment population for any health or human services professional. This workshop examines chemical dependency and mental health issues of adolescents, identifying effective tools for intervention and exploring new treatment strategies. **CME/CEU**

10. "Narcotics Anonymous: A Community Meeting" (2:00–4:00 p.m.)
Badgerland Area Committee of Narcotic Anonymous (Madison, WI)
The Public Information Subcommittee of Narcotics Anonymous in Wisconsin invites AODA professionals and other Conference participants to learn about the Narcotics Anonymous program and how NA can cooperate with treatment providers to help keep addicts in recovery. The workshop focuses on the NA approach, including "Tools: Just for Today." **CME/CEU**

Monday, May 9: 6:30–8:30 p.m.
Workshops:

11. "Treatment Planning"
Michael Bohn, MD (Aurora Psychiatric Hospital, Wauwatosa, WI)
Participants learn the key elements of effective treatment plans, including clear problem statements, long-term goals and measurable interim goals, and treatment methods relevant to these goals. Also, Dr. Bohn discusses use of motivational interviewing of clients and patients to improve treatment outcome measurement and facilitate favorable treatment plan reviews with managed care organizations. **CME/CEU**

12. "Body and Soul"
Ashok Bedi, MD (Aurora Psychiatric Hospital, Wauwatosa, WI)
We live in multiple realities—body, psyche, soul and transcendence with the spirit, Dr. Bedi notes. He explores the interface between these realities and how they play out in the lives of AODA clients and counselors. Clinical examples illustrate how the reality matrix signals via disease and addiction, or gifts with health, wholeness and purpose in life.

13. "Questions and Answers: Wisconsin Certification Board"
Kim Casarez (Wisconsin Certification Board, Wauwatosa, WI)
The Wisconsin Certification Board presents an information session on the AODA counselor certification process, for which participants can download the CADC II/III handbook and application from www.wisconsinrecognitionboard.org or purchase materials from the WCB office for reference during the workshop. Please note: WCB materials are not available at the workshop. **CME/CEU**

14. "Disabilities and AODA"
Catherine Halaska (Rogers Memorial Hospital, Oconomowoc, WI)
This workshop provides an overview of how addictions affect individuals with disabilities. Statistics reveal differences between men and women and help counselors understand stressors and other factors that increase likelihood of addictions. Helping in the workshop is a paraplegic person in recovery from alcohol and drug addiction who discusses her struggles in recovery. **CME/CEU**

15. "Natural Magnetized Water: Rebalancing the Body to Counter AODA"
Yoshitaka Ohno, MD, PhD (Ohno Institute on Water Health, Cleveland, OH)
Alcohol and other drugs interfere with the body's metabolic balance, which depends upon reserves of essential minerals and other nutrients. In addition, these chemical reserves are depleted severely, which increases vulnerability to disease while over-stimulating immune response. Natural magnetized water can play a role in accelerating restoration of nutrient reserves, thus improving metabolic balance and enhancing capacity for physical recovery from addiction.

16. "Intuitive Development"
Nancy Scheibe, BA (Creative Journeys, Inc., Ely, MN)
Through this workshop, participants learn to consciously integrate their intuitive awareness abilities into their day-to-day lives. Accessing intuition and personal wisdom can be learned through experience, practice, paying attention and using the tools and skills developed in this workshop.

17. "Recovery Meditation: Walking the Labyrinth"
M. Catherine Desmond (Temenos Counseling, Watertown, WI)
"Walking the labyrinth" is an ancient meditative prayer form. This workshop provides an introduction to this insightful recovery technique, which includes brief instructions and a handout. Participants enter a serene place to contemplate the meaning, direction and depth of the recovery walk.

Tuesday, May 10: 9:00 a.m.–12:00 p.m.
Workshops:

18. "Issues of Diversity in Supervision"
Mark Sanders, LCSW, CADC (Great Lakes Addiction Technology Transfer Center, Chicago, IL)
Supervisors in the addictions field increasingly are called upon to supervise staff with diverse backgrounds. This workshop covers: Building rapport in cross-cultural supervision; overcoming barriers to mistrust; cultural boundaries in supervision; issues of diversity in clinical supervision; understanding and respecting other world views; and others. **CME/CEU**

19. "Transtheoretical Model-Based Group Treatment for Substance Abuse Using Motivational Interviewing—Part I"
Mary Marden Velasquez, PhD (University of Texas Medical School, Houston, TX)
Part I of this two-part, full-day workshop focuses on the theory, principles and skills of MI and the transtheoretical model's (TTM's) stages of change, with special emphasis on TTM experiential and behavioral processes in a group setting, using the *Stages-of-Change Therapy Manual*. Participants practice higher level reflections and other MI strategies. Part II of this workshop continues in the afternoon. **CME/CEU**

20. "Counter-Transference: The Blessing and the Curse"
Rokelle Lerner, MA, BS, CCDP (Rokelle Lerner & Associates, Saint Paul, MN)
Counter-transference (CT) is one of the bigger obstacles clinicians face in their therapy work. However, projective identification (PI) also represents one of the deeper dimensions of the therapeutic process. Quickly and accurately analyzed, CT or PI can be helpful to the therapist, particularly with an understanding of the personality disorders presented by the client. **CME/CEU**

21. "Power of Groups—Part I"
Stephen Andrew, MSW, LADC, CGP (InnerEdge, Portland, ME)
Effective group work helps break the isolation often experienced by the client. Part I of this full-day workshop shows how to use groups as a treatment strategy, focusing on: Use of motivational interviewing in a therapeutic support group format; interpersonal interaction in the group process; group norms; and support for the consumer. Part II of this workshop continues in the afternoon. **CME/CEU**

22. "The Management Institute" (9:00 a.m.–5:00 p.m.)
Tiffany Kilpatrick, Lonnetta Albright, Joe Rosenfeld, PhD (GLATTC, Chicago, IL) and Valerie Payne (BMHSAS, Madison, WI)
This full-day, professionally led seminar-focus group requires pre-registration and is limited to the first 40 executives, directors and program managers who apply. Intensive training zeroes in on: "A Cultural Competency Plan for Your Treatment Facility," "How to Introduce Innovative Practices," "Maximizing Resource Development for Small Agencies," "Leadership for Agencies in Transition," and "Monitoring Substance Abuse Prevention and Treatment Block Grant Requirements." There is a break from 12:00–1:45 p.m. so that TMI participants may attend the Advocacy Luncheon. **CME/CEU**

23. "Assessing and Treating the OWI Offender"
Allen Cavaiola, PhD (Monmouth University, West Long Branch, NJ)
Treating court-ordered or mandated OWI offenders has been frustrating as traditional treatment methods often have been ineffective. Also, traditional assessment tools have been unable to accurately assess individuals who may want no part of change or counseling. This workshop explores how OWI offenders differ from other AODA clients and offers effective strategies and methods for their treatment. **CME/CEU**
24. "College Drinking: New Approaches to Prevention and Intervention—Part I"
G. Alan Marlatt, PhD (University of Washington, Seattle, WA)
Part I of this full-day workshop provides an overview of college student drinking problems, which contribute to 1,400 student alcohol-related deaths per year nationally. Two prevention programs—targeting student groups (Alcohol Skills Training Program) and individuals (Brief Alcohol Screening and Intervention for College Students)—are helping to reduce drinking rates and associated problems, particularly in freshman students. Part II in the afternoon details these promising intervention and prevention programs. **CME/CEU**
25. "Buprenorphine Versus Opioid Dependence: What Counselors Must Know"
Michael Miller, MD, FASAM, FAPA (Meriter NewStart, Madison, WI)
This workshop reviews the basic science, pharmacology, philosophy, and practicalities of buprenorphine treatment, which is expanding evidence-based addiction treatment to new patients and new settings. Dr. Miller has lectured nationally to physicians on how to prescribe buprenorphine and set up a primary care-based or addiction clinic-based practice for Office Based Opioid Treatment (OBOT). **CME/CEU**
26. "Integrated Model for Treatment of Individuals with Co-Occurring Psychiatric and Substance Disorders—Part I"
Kenneth Minkoff, MD (Harvard Medical School, Boston, MA)
Part I of this full-day workshop provides an overview of the problem of dual diagnosis, then identifies principles of successful treatment intervention derived from evidence-based best practices. These principles relate to an integrated model of service delivery that uses a common language and treatment philosophy of disease and recovery understandable to both addiction treatment and mental health systems. In the afternoon, Part II focuses on application of this model to individualized clinical treatment. **CME/CEU**
28. "Transtheoretical Model-Based Group Treatment for Substance Abuse Using Motivational Interviewing—Part II"
Mary Marden Velasquez, PhD (University of Texas Medical School, Houston, TX)
In Part II of this full-day workshop, participants learn to use MI in groups and practice conducting groups in a highly interactive format. Workshop learning activities refine group counseling skills, including real-life demonstrations, videotape examples, role-plays, case studies, small group exercises and supervised practice. **CME/CEU**
29. "Power of Groups—Part II"
Stephen Andrew, MSW, LADC, CGP (InnerEdge, Portland, ME)
Part II of this full-day workshop focuses on refining the use of groups as a treatment strategy, including: Interpersonal interaction in the group process; group norms, empathy and using the group format to lower resistance; the roles of group leader and participants in various types of group settings; and therapeutic contracts, goal setting and group frequency duration, course and process. **CME/CEU**
30. "Integrated Model for Treatment of Individuals with Co-Occurring Psychiatric and Substance Disorders—Part II"
Kenneth Minkoff, MD (Harvard Medical School, Boston, MA)
Part II of this full-day workshop applies principles of successful treatment intervention derived from evidence-based best practices covered in Part I in a model for individualized clinical treatment. The workshop then illustrates the design of a comprehensive, continuous, integrated system of care for co-occurring disorders. **CME/CEU**
31. "At Work, in Balance: Maintaining Equilibrium and Productivity under Stress"
Rokelle Lerner, MA, BS, CCDP (Rokelle Lerner & Associates, Saint Paul, MN)
Heavier case loads but fewer resources: Counselors, supervisors and managers are increasingly challenged by multiple work stresses, thereby losing vitality, passion and professional vision. This workshop focuses on strategies and tactics to build and maintain healthier job-related boundaries, revitalize working relationships and create a sense of well-being and equilibrium in the work place. **CME/CEU**

Tuesday, May 10: 12:00-1:45 p.m.
Advocacy Luncheon and Keynote Address:

"Advocacy: Changing the Lens for Success—Part I"
Stacia Murphy (National Council on Alcoholism and Drug Dependence, New York, NY)

We have three decades of progress in AODA in America. Our perception of what an AODA person is or how he or she should be treated medically and understood spiritually is much better today. The AODA field now possesses science-based research, evidence-based practices, innovative treatment modalities, effective prevention strategies and millions of individuals and families in recovery. These are powerful resources for advocacy. Ms. Murphy explores strategies for an aggressive, science-based and evidence-based AODA advocacy agenda. **CME/CEU**

Tuesday, May 10: 2:00-5:00 p.m.
Workshops:

27. "Advocacy: Changing the Lens for Success—Part II"
Stacia Murphy (National Council on Alcoholism and Drug Dependence, New York, NY)
Following some 30 years of progress in AODA, there is a better perception of what an AODA person is or how he or she should be treated medically and understood spiritually. The AODA field now possesses science-based research, evidence-based practices, innovative treatment modalities, effective prevention strategies and millions of individuals and families in recovery. These are powerful resources for advocacy. Ms. Murphy details strategies for an aggressive, science-based and evidence-based AODA advocacy agenda. **CME/CEU**
32. "College Drinking: New Approaches to Prevention and Intervention—Part II"
G. Alan Marlatt, PhD (University of Washington, Seattle, WA)
Part II of this full-day workshop focuses on evaluation of the group-oriented Alcohol Skills Training Program and the individual-oriented BASICS counseling program. Dr. Marlatt also explores future directions for prevention of alcohol abuse, including social norms marketing and internet-based alcohol prevention sites for college students. **CME/CEU**
33. "Toxic Co-Workers: Dealing with Dysfunctional People in the Work Place"
Allen Cavaiola, PhD (Monmouth University, West Long Branch, NJ)
Using research on stressful interactions in the workplace, Dr. Cavaiola and Dr. Neil Lavender identified four major personality types of administrators, supervisors, supervisees and peers that seem to generate stress among co-workers. Identifying these personality types and developing effective coping strategies led to co-authorship of the book *Toxic Co-Workers: How to Deal with Dysfunctional People on the Job*. **CME/CEU**
34. "Recovery Management in Communities of Color"
Mark Sanders, LCSW, CADC (Great Lakes Addiction Technology Transfer Center, Chicago, IL)
This interactive, skills-building workshop focuses on the shift from the acute care model of AODA treatment to sustained recovery management as an aid in long-term recovery, especially for individuals, families and communities of color. The workshop explores approaches to recovery management from Native American, African American, Latino American and Asian American communities. **CME/CEU**

Third Annual Diversity Evening: 6:30–8:30 p.m.

“Healing Songs, Spirit-Filled Stories”

Every racial/ethnic minority group has unique cultural, social, economic and political experiences. Despite these differences, family dynamics, cultural healing and spiritual beliefs play important roles in all racial/ethnic groups. As Wisconsin's rich heritage grows increasingly diverse, each racial/ethnic group's social participation inevitably contributes to positive integration. Each culture brings unique healing arts to the treatment of substance abuse and addiction. This evening's performance presents artistic entertainment through story telling, music and dance. It is through events such as this that the recovering community celebrates diversity in unity.

Wednesday, May 11: 9:00 a.m.–12:00 p.m.

Plenary Session:

“AODA and Healthiest Wisconsin 2010”

Helene Nelson, Secretary (Department of Health and Family Services, Madison, WI)

“Update on Bureau Integration of Mental Health and Substance Abuse Services”

Joyce Allen, Director (Bureau of Mental Health and Substance Abuse Services, Madison, WI)

“Helping Women Recover: Substance Abuse, Trauma and Mental Health”

Stephanie Covington, PhD, LCSW (Institute for Relational Development and Center for Gender and Justice, La Jolla, CA)
Substance abuse, trauma and mental health are often taught, funded and treated as separate issues. However, both researchers and clinicians often find a connection between these issues in the lives of women—both in and out of the criminal justice system. Dr. Covington's presentation focuses on the development of comprehensive, integrated gender-responsive services. Also, she explains two formalized curricula—“Helping Women Recover” and “Beyond Trauma”—as examples for women's treatment.
CME/CEU

Wednesday, May 11: 1:00–4:00 p.m.

Workshops:

35. “Building the Effective Outcome Study in Behavioral Health Settings”
Pamela Bean PhD, MBA (Rogers Memorial Hospital, Oconomowoc, WI)
Outcome studies are gaining importance in all areas of medical practice due to managed care's growing emphasis on evidence-based medicine which combines research evidence with clinical expertise and patient values. This approach requires a system capable of identifying what works and what does not. This workshop focuses on designing and implementing an outcome study that delivers meaningful results. **CME/CEU**
36. “Mending the Heart, Healing the Spirit: The Process of Forgiveness”
Rokelle Lerner, MA, BS, CCDP (Rokelle Lerner & Associates, Saint Paul, MN)
Both clients and counselors may relive past trauma in current thoughts—feeling the hurt, the heartache and the outrage. Forgiveness does not forget trauma or deny feeling. It is a process that stems from willingness to choose a life of peace rather than bitterness. This workshop offers key strategies that lead to self-forgiveness and the forgiveness of others.
37. “Screening and Assessment”
Mickey Gabbert, CADC III, CCS-G (Rogers Memorial Hospital, Oconomowoc, WI)
This workshop provides an overview of screening and assessment of the AODA patient. Participants learn: What counselor credentials permit; when to seek help from others; and whom to approach. Also covered are substance use disorder placement criteria (ASAM and WI-UPC) and “asking questions with an insurance reviewer in mind.”
CME/CEU

38. “Adolescent Cannabis Interventions and Outcomes”
Randy Weber, MPH (Lighthouse Institute at Chestnut Health Systems, Bloomington, IL)

The national Cannabis Youth Treatment Project (CYTP) tested therapeutic models with five interventions involving illicit marijuana use. This workshop summarizes the research and discusses both the therapeutic and financial outcomes of each intervention, detailing the epidemiology of the CYTP subjects-clients. **CME/CEU**

39. “Helping Women Recover: Treatment Strategies”
Stephanie Covington, PhD, LCSW (Institute for Relational Development and Center for Gender and Justice, La Jolla, CA)

Using a comprehensive treatment model that integrates theories of addiction, women's psychological development and trauma, this workshop focuses on women's recovery. It emphasizes the key issues of self, relationships, sexuality and spirituality and offers therapeutic techniques for dealing with these issues. It explains use of the “Helping Women Recover” and “Beyond Trauma” curricula with women in criminal justice settings.

40. “Using Motivational Interviewing to Address Resistance and Ambivalence”

B.J. Larus, PhD (University of Wisconsin-Milwaukee, Milwaukee, WI)
Building on a basic understanding of motivational interviewing, this workshop enhances MI skills and strategies to work with clients presenting resistance to treatment and ambivalence to change. MI techniques are demonstrated in the workshop and participants have the opportunity to practice these techniques. **CME/CEU**

41. “Working with Boys and Men”

Stephen Andrew, MSW, LADC, CGP (InnerEdge, Portland, ME)
As boys become men, there may be a significant impact in being disconnected from relationships and feeling, combined with an emotional dampening effect. In this context, boys develop a great deal of shame, which may bear upon substance use issues. This workshop addresses treatment objectives and techniques to reconnect the authentic self in the relational context.

42. “Monitoring Substance Abuse Prevention and Treatment Block Grant Requirements”

Valerie Payne (Bureau of Mental Health and Substance Abuse Services, Madison, WI)
A monitoring checklist is available to aid Block Grant recipients in determining whether sub-recipient staff members are aware of prohibited expenditures. The checklist helps to: Ensure counties and providers know the full range of Block Grant requirements; provide state authorities sufficient guidance to effectively monitor sub-recipients' compliance; and improve and maintain institutional knowledge and memory of Block Grant requirements. **CME/CEU**

Wednesday, May 11: 7:00 a.m.–5:30 p.m.

Special Short Course:

43. “Buprenorphine and Office-Based Treatment of Opioid Dependence”
American Society of Addiction Medicine (ASAM, Chevy Chase, MD)
Physicians who complete this eight-hour course meet the training qualification under the Drug Addiction Treatment Act of 2000. This federal law permits physicians who are trained or experienced in opioid addiction treatment to obtain waivers to prescribe certain narcotic drugs in Schedule III, IV, or V of the Controlled Substances Act, in their office practices or in a clinic setting, for the treatment of opioid dependence. This program is also recommended for primary care, psychiatric, HIV, addiction medicine physicians, physician assistants, nurse practitioners, substance abuse treatment providers and other allied healthcare professionals. Participation requires pre-registration.
Please pre-register through ASAM's call center: 888-Doc-Opt-In (888-362-6784) or www.docoptin.com.

Registration Fees:

- \$100 ASAM members • \$125 non-ASAM members • \$75 non-physicians

Workshop Preferences:

Please indicate your 2005 WAAODA Conference workshop preferences by marking the appropriate boxes. Please note that most workshops are entry level/general interest; **workshops shown in bold require prior training or knowledge**. You will be allowed to alter your choices of workshops during the Conference, but by indicating your preferences now, we can plan for appropriate room size. Doors will close when workshops are full. Also, please note that The Management Institute is limited to 40 participants on a first-come, first served basis and requires pre-registration. Thank you for your assistance.

Monday, May 9

1:00–4:00 p.m.

- 1. **"The Supervisor's Role in Evidence-Supported Practices"**
- 2. "Focus on Methamphetamine"
- 3. "Motivational Interviewing—Beginning"
- 4. **"Who's at Risk? Suicide and Violence Risk Assessment in Mental Health and Substance Abuse"**
- 5. "Neurobiology of Addiction"
- 6. **"Population Transformation and Substance Use Disorders among Latinos: New Thinking about Theoretical, Genetic and Environmental Factors"**
- 7. "A Whole New Puzzle: An Integrated Response to the Challenge of Diversity"
- 8. "The Missing Link in Addictions Treatment: Boundaries, Relationships and Spirituality"
- 9. "Double Trouble—Young People with Co-Occurring Disorders: Using Empathy and Creating a Connection"

Monday, May 9

2:00–4:00 p.m.

- 10. "Narcotics Anonymous: A Community Meeting"

Monday, May 9

6:30–8:30 p.m.

- 11. "Treatment Planning"
- 12. "Body and Soul"
- 13. "Questions and Answers: Wisconsin Certification Board"
- 14. "Disabilities and AODA"
- 15. "Natural Magnetized Water: Rebalancing the Body to Counter AODA"
- 16. "Intuitive Development"
- 17. "Recovery Meditation: Walking the Labyrinth"

Tuesday, May 10

9:00 a.m.–12:00 p.m.

- 18. "Issues of Diversity in Supervision"
- 19. **"Transtheoretical Model-Based Group Treatment for Substance Abuse Using Motivational Interviewing—Part I"**
- 20. "Counter-Transference: The Blessing and the Curse"
- 21. "Power of Groups—Part I"
- 22. **"The Management Institute" (9:00 a.m.–5:00 p.m.)**
- 23. "Assessing and Treating the OWI Offender"
- 24. "College Drinking: New Approaches to Prevention and Intervention—Part I"
- 25. "Buprenorphine Versus Opioid Dependence: What Counselors Must Know"
- 26. "Integrated Model for Treatment of Individuals with Co-Occurring Psychiatric and Substance Disorders—Part I"

Tuesday, May 10

2:00–5:00 p.m.

- 27. "Advocacy: Changing the Lens for Success—Part II"
- 28. **"Transtheoretical Model-Based Group Treatment for Substance Abuse Using Motivational Interviewing—Part II"**
- 29. "Power of Groups—Part II"
- 30. "Integrated Model for Treatment of Individuals with Co-Occurring Psychiatric and Substance Disorders—Part II"
- 31. "At Work, in Balance: Maintaining Equilibrium and Productivity under Stress"
- 32. "College Drinking: New Approaches to Prevention and Intervention—Part II"
- 33. "Toxic Co-Workers: Dealing with Dysfunctional People in the Work Place"
- 34. "Recovery Management in Communities of Color"

Wednesday, May 11

1:00–4:00 p.m.

- 35. "Building the Effective Outcome Study in Behavioral Health Settings"
- 36. "Mending the Heart, Healing the Spirit: The Process of Forgiveness"
- 37. "Screening and Assessment"
- 38. "Adolescent Cannabis Interventions and Outcomes"
- 39. "Helping Women Recover: Treatment Strategies"
- 40. "Using Motivational Interviewing to Address Resistance and Ambivalence"
- 41. "Working with Boys and Men"
- 42. "Monitoring Substance Abuse Prevention and Treatment Block Grant Requirements"

Wednesday, May 11

7:00 a.m.–5:30 p.m.

- 43. **"Buprenorphine and Office-Based Treatment of Opioid Dependence"**
Please note: Pre-registration is required and there is an additional registration fee for this 8-hour short course.





WAAODA, INC.

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REGISTRATION FORM

This form may be photocopied. On-line registration is available.
Check the WAAODA website at www.waaoda.org.

Registration Information:

Name: _____

Mailing Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Fax: _____

E-mail: _____

Special needs: If you need any of these special accommodations, call the WAAODA office (800.787.9979) at least three weeks prior to the Conference date:

____ Sign language interpreter (ASL or Signed English)

____ Braille, taped, large print, or audio loop materials

____ Child care

____ Vegetarian meals

____ Other accommodations

Fees:

With individual WAAODA membership	\$345 (for all 3 days!)
Annual membership	\$25
Non-member	\$375 (for all 3 days!)
Group discount (5 or more)	Save 20% on total
One day only	\$130 (\$80 for student/retired)
CME/CEU	\$35/\$30
Exhibitor	\$400 (includes registration for one)

Tax deductible donation to WAAODA \$ _____ TOTAL: _____

Hotel Information:

A block of rooms has been reserved at the Sheraton Madison Hotel. Please call directly to make your reservation 608.251.2300. Special Conference rates are \$62 single and \$72 double.

Payment:

Make checks payable to WAAODA. Purchase orders must be signed and accompany registration form. Mail to:

WAAODA

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